



NDSC SELF-ADVOCATE BOARD MEMBER NOMINATION

2025

WHAT DOES THE SELF-ADVOCATE (SA) BOARD MEMBER DO?

- Attends 4 Quarterly NDSC Board of Directors Meetings (2 in-person, 2 online)
- Active in local, regional, and national advocacy efforts
- Provides insight to the Board on the needs of the Down syndrome community
- Serves as a member of the Self-Advocate Council



HOW LONG IS THE SA BOARD MEMBER'S TERM?

- Board members are elected for a 3-year term.
- After their term, they automatically join the NDSC Self-Advocate Council, which is made up of 30+ other self-advocates and former board members. This council meets quarterly, with one in-person meeting at each summer convention.



WHAT MAKES A GOOD SA BOARD MEMBER CANDIDATE?

1

CONFIDENCE

Board members should be comfortable speaking in front of groups and presenting to different audiences

2

COMMUNITY ENGAGEMENT

Board members should be engaged in the Down syndrome community, in their hometown or state

3

ADVOCACY

Board members should be passionate about, if not, already engaged in advocating for those with Down syndrome

4

PROFESSIONALISM

Board members should feel comfortable responding to emails and attending Zoom calls with other NDSC staff and Board members

NOMINATION ELIGIBILITY

1

**OVER 22
YEARS OLD**

2

**ATTEND THE
NDSC
CONVENTION
3 TIMES**

3

**HAS DOWN
SYNDROME**

4

**ABLE TO MEET
BOARD
REQUIREMENTS**

WHAT ARE THE SELF-ADVOCATE BOARD REQUIREMENTS?

1

DURATION OF TERM

Will serve on the Board for 3 years

2

BOARD MEETINGS

Attend all Board meetings (2 in-person & 2 virtual)

3

COMMITTEE PARTICIPATION

Participate as an active member of NDSC committee(s)

THE PROCESS

1

NOMINATION

Self-Advocates must fill out and submit the [SA Nomination Google Form](#) to be considered for nomination

2

NOMINATION COMMITTEE

The committee is made up of staff, board members, and self-advocates. The Committee will select 3 nominations to move forward to campaigning.

3

CAMPAIGNING

2 minute video showed at the Y&A Conference

In-person speech at Convention on Thursday and Friday

4

VOTING

Self-advocates nominated will be voted upon by the attendees of the NDSC Annual Convention Youth & Adult Conference. The winning candidate's name will be submitted to the NDSC Board of Directors for final approvals.



DALLAS, TEXAS
JULY 24 - 27



READY TO NOMINATE?

[CLICK HERE TO FILL OUT THE FORM!](#)



THANK YOU!

QUESTIONS?

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RSVP
PHOTOGRAPHY